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Positive Tracks Hosts Global Athletic Event To Support Equality & Mental Health

HANOVER, NH — On Saturday, November 21, New England based non-profit, [Positive Tracks](#), will host the Stand In Love 5K, open to all ages, abilities and communities, and free to join. This virtual event will benefit [The Loveland Foundation](#) and mark the last of four, global Positive Tracks hosted events this year, each leveraging the power of community, service and sweat activism to raise funds and awareness for four national causes. Other 2020 beneficiaries include the Center For Disaster Philanthropy, Feeding America, and When We All Vote.

Thanks to generous support from the Jack & Dorothy Byrne Foundation, Positive Tracks will donate \$5 for every registered participant to The Loveland Foundation, an organization committed to showing up for communities of color by providing access to culturally competent mental health services for Black women and girls. Past partners chosen for the Positive Tracks hosted 5K have been COVID-19 Relief at the Center For Disaster Philanthropy, Feeding America, and When We All Vote.

“This partnership highlights the importance Positive Tracks places on whole body health. Now, more than ever, we need to prioritize healing,” says Nini Meyer, CEO and Founder of Positive Tracks. “Communities of color, particularly women, have been disproportionately affected by the pandemic. The overarching goal of Stand In Love 5K is to lift up the need for access, opportunity and equality for all.”

Participants are encouraged to complete 5K *their way* - by running, walking, skateboarding, dancing, power chairing, biking or any athletic effort that equals 3.1 miles. The event is open to all, and will take place any time and from anywhere on November 21, 2020 from 12:00AM-11:59PM. To qualify for the \$5 donation to The Loveland Foundation, participants must sign up at: <http://www.positivetracks.org/stand-in-love-5k/>, where they can print bibs and receive coaching on promoting their efforts.

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Positive Tracks is a national, 501(c)(3) non-profit whose mission is to equip ages 12-25 with tools, resources and coaching needed to change the world by Sweating For Good. To date, Positive Tracks has helped **73,600** youth partners turn **383,675** miles of athletic activity into advocacy, activism and **\$11.1 million** for causes shaping our future.

The Loveland Foundation is a 501(c)(3) non-profit, established in 2018 by Rachel Cargle in response to her widely successful birthday wish fundraiser which made it possible for Black women and girls nationally to receive therapy support. The Loveland Foundation is the official continuation of this effort to bring opportunity and healing to communities of color contributing to both empowerment and liberation.